

Common ADHD Medications

The Stimulants

The stimulants are the most frequently prescribed and generally the most effective.

	Methylphenidate family (Typical adult dose range is 20-80 mg/day)*	Dextroamphetamine family (Typical adult dose range is 10-60 mg/day)
Short-Acting Formulations (4-6 hours)	<ul style="list-style-type: none"> ■ Ritalin ■ Methylin ■ Focalin ■ Metadate 	<ul style="list-style-type: none"> ■ Adderall
Medium-Acting Formulations (6-8 hours)	<ul style="list-style-type: none"> ■ Ritalin LA or SR ■ Metadate CD or LA ■ Methylin ER 	
Longer-Acting Formulations (10-12 hours)	<ul style="list-style-type: none"> ■ Focalin XR ■ Daytrana ■ Concerta 	<ul style="list-style-type: none"> ■ Adderall XR ■ Vyvanse**

* Focalin and Focalin XR are prescribed at half the dose of the other methylphenidate products.

** Vyvanse is prescribed in dose ranges of 30 – 70 mg/day.

The Non-Stimulants

These tend to be less frequently prescribed, but can be beneficial especially when the stimulants are contraindicated. In theory, they provide twenty-four hour symptom coverage.

- Straterra (40-100 mg/day)
- Wellbutrin (150-450 mg/day)

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